



Meatless Monday
Monday's Main Entrée (A) is Vegetarian, also Weekly Alternate D Entrée is a Daily Vegetarian Choice

Meal Prices	
Student Paid	\$2.95
Stud. Red.	\$.40
Adult	\$4.50

IMPORTANT:
Please manage your child's cafeteria account by registering at www.schoolcafe.com for our on-line cafeteria services.
View your child's account balance, statement & receive low balance emails!
Once registered please enable the email notification for each child.
Deposits made on-line will incur a \$2.25 fee. All other services are FREE!
You may still pay by cash or check. Checks should be made payable to "TESD Caf. Fund."

M	T	W	TH	F
August				
26	27	28	29	30
September				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				
October				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	
November				
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
December				
2	3	4	5	6
9	10	11	12	13
16	15	17	18	19
23	24	25	26	27
30	31			

Tredyffrin Easttown School District Elementary Lunch Menu August to December 2019

	MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée</i>	Cheese Ravioli with Spaghetti Sauce	French Toast Stix w/Syrup Sausage Patty	Popcorn Chicken w/Dipping Sauce	Ham & Cheese Hoagie	Chicken & Cheese Quesadilla
<i>Veg</i>	Steamed Green Beans	Potato Puffs	Baked Beans	Baked Fries	Tossed Salad
Available Daily:					
<i>Veg</i>	Baby Carrots, Cucumber Slices and Broccoli w/dip				
<i>Fruit</i>	Assorted Fresh Fruit, Canned Fruit and 4oz 100% Apple and Grape Juice				
THIS WEEK'S ALTERNATE ENTRÉE'S					
B) Pizza Slice, C) PBJ ▼ on Whole Wheat, D.)Egg Salad Sandwich E) Taco Salad					
<i>Entrée</i>	Toasted Cheese	Chicken Rings w/Dinner Roll	Mickey's Cheeseburger on a Bun	Sweet & Sour Chicken w/Egg Roll	Individual Pizza
<i>Veg</i>	Tomato Soup	Mashed Potatoes	Baked Beans	Oriental Vegetable Blend	Tossed Salad
Available Daily:					
<i>Veg</i>	Baby Carrots, Cucumber Slices and Broccoli w/dip				
<i>Fruit</i>	Assorted Fresh Fruit, Canned Fruit and 4oz 100% Apple and Grape Juice				
THIS WEEK'S ALTERNATE ENTRÉE'S					
B) Chicken Patty on a Bun C) PBJ ▼ on Whole Wheat, D) Yogurt Bites E) Rainbow Salad Platter-(Lettuce, Tomato, Cucumber, Popcorn Chicken, Bowtie Pasta, Cheddar Cheese)					
<i>Entrée</i>	Pizza Dippers (Mozzarella filled Breadsticks) w/Marinara Sauce	Pasta w/Meatballs	Boneless Breaded Chicken Drumsticks w/Dinner Roll	Soft Taco w/Fixings	Pizza Slice
<i>Veg</i>	Steamed Peas	Tossed Salad	Steamed Corn	Black Bean Salsa	Carrots
Available Daily:					
<i>Veg</i>	Baby Carrots, Cucumber Slices and Broccoli w/dip				
<i>Fruit</i>	Assorted Fresh Fruit, Canned Fruit and 4oz 100% Apple and Grape Juice				
THIS WEEKS ALTERNATE ENTRÉE'S					
B) Cheeseburger on Bun, C) PBJ on Wh. Wheat, D) Pretzel Bites E)Taco Salad					
<i>Entrée</i>	Macaroni & Cheese	Sausage & Cheese on a Bagel	Hot Dog* on a Bun	Chicken Nuggets w/Dinner Roll	Pepperoni Pizza
<i>Veg</i>	Tomato Soup	Baked Fries	Baked Beans	Mashed Potatoes	Tossed Salad
Available Daily:					
<i>Veg</i>	Baby Carrots, Cucumber Slices and Broccoli w/dip				
<i>Fruit</i>	Assorted Fresh Fruit, Canned Fruit and 4oz 100% Apple and Grape Juice				
THIS WEEKS ALTERNATE ENTRÉE'S					
B)Pizza Dippers C)PBJ on Wh. Wheat, D)Hummus Bites (Carrots, Grapes, Hummus, Pita) E) Chicken and Bacon Salad Platter w/Ranch					
*Turkey/Beef					

Milk is available with meals: Non-fat Chocolate, 1% White and Skim